

Q&A CORONAVIRUS

Before traveling to Greece

1. Can I volunteer with A Drop in the Ocean?

- a. For now, all volunteers over 65 years will not be allowed to volunteer for A Drop in the Ocean.
- b. We strongly recommend persons with pre-existing medical conditions (such as high blood pressure, immunodeficiency, heart disease, lung disease, cancer or diabetes) to not to volunteer with us.

2. When should I consider cancelling my trip?

- a. You are not allowed to join our projects if you have been in areas with ongoing transmission of COVID-19 for at least 14 days after your return
 - i. As of March 9, 2020, these areas currently include China, Iran, South Korea, Italy. *List is subject to change on short notice.*
- b. You are not allowed to join our projects if you have been in contact with a person diagnosed with the virus during the last 14 days.
- c. You are not allowed to join our projects if you experience more than one of these symptoms: fever, cough, sore throat, and/or difficulty breathing. If you experience any of these symptoms, please seek medical advice.

3. Can I cancel my tickets?

- a. Please check with your airline and travel insurance company.

4. Is it safe to travel to Greece?

- a. Yes, it is safe to travel to Greece. However, please follow the advice of WHO and your local government.

5. What should I do before booking my flights?

First of all, we recommend volunteers stay updated about advices from [World Health Organization](#) and your governments recommendation. Airlines can suddenly cancel and change where they have available flights. Travel recommendation from your government can change daily, depends on how coronavirus spreads. Because of the daily changes, if you're planning to volunteer with A Drop in the Ocean in near future, we recommend buying cancellation insurance when booking flights etc. We also recommend all volunteers to check out your travel insurance, what it covers and so on.

While you're travelling

6. What should I think of when I'm traveling to Greece?

Airports are often very crowded. We recommend washing hands often, maintain social distance from other people, avoid touching eyes, nose and mouth, practice respiratory hygiene. Bring an alcohol-based hand rub you can use on the airplane. We encourage you to keep the air vent open during to flight, to help better the air circulation to prevent spreading airborne particles (bacteria/viruses).

Public transport – be aware of your surroundings, be extra diligent with hygiene and try to keep some distance to other travelers. Ideally, you should try to stay 1 metre (3 feet) away from other people at all times.

Generally

7. What does A Drop in the Ocean do to reduce the likelihood of transmission?

- a. We follow and share the advice of relevant health organizations and governments on how to reduce the likelihood of infection. We encourage all our field workers to also follow these advices, which we have available at all locations.

8. How should I prepare and what precautions should I take?

- a. **Wash your hands:** Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.
- b. **Maintain social distancing:** Maintain at least 1 metre (3 feet) distance between yourself and anyone who is coughing or sneezing.
- c. **Avoid touching eyes, nose and mouth**
- d. **Practice respiratory hygiene:** Cover your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue immediately.
- e. **If you have fever, cough and difficulty breathing, seek medical care early:** Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of your local health authority.

9. Should I wear a mask?

- a. We do not recommend wearing a mask. We recommend practicing good hand hygiene and stay at least 1 meter (3 feet) away from other people.
- b. Mask is recommended if you're sick, to protect others. If you get sick while volunteering with A Drop in the Ocean, you have to stay at least 14 days isolated.

10. What kind of measures do A Drop in the Ocean take, in consideration of the coronavirus?

- a. We are daily monitoring the situation following the development of the COVID-19 virus and are following the recommended precautions given from authorities and WHO. Therefore, this document will be updated regularly to provide everyone with the most recent information.
- b. In the case of an outbreak of coronavirus in a camp, A Drop in the Ocean will take immediate actions and make a risk assessment of how to proceed further. If deemed necessary, we will withdraw from that location, but only if it is necessary. Should there be an outbreak in a nearby area, we might choose to remain in the location, if we are certain it will not affect our volunteers or the residents.

Remarks: *If you have any questions or if you for the abovementioned reasons decide to cancel or postpone your trip, please let us know by sending an e-mail to volunteer@drapenhavet.no*